

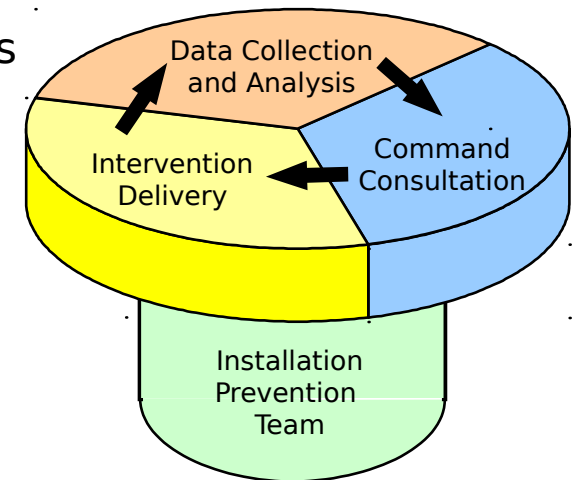
Risk Reduction Purpose

Purpose

The program is designed to increase soldier and mission readiness, allowing Commanders to track soldier high-risk behaviors within their command.

Objectives

- Train leaders in identifying and reducing high-risk factors
- Identify and target high-risk behaviors for prevention
- Promote Risk Reduction as a prevention strategy
- Prevent unhealthy and destructive behaviors
- Increase soldier and unit readiness



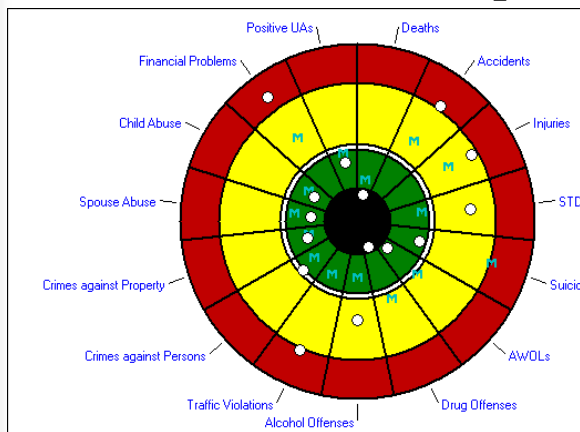
Risk Reduction Web-Enabled Reports

The Risk Reduction Program uses high-risk behavior incident data. By statistically comparing the rates of units to the RRP Army rate the software identifies at-risk units.

Matrix Report

Risk Factors	Army	Carlisle Barracks	Fort Benning	Fort Bliss	Fort Gordon	Fort Huachuca
Deaths	2.6	0.8	2.7	3.4	1.5	0.0
Accidents	1.3	2.4	1.4	0.8	1.0	3.0
Injuries	2.1	1.8	4.0	2.0	1.4	1.7
STDs	1.2	0.7	1.3	1.8	0.9	1.0
AWOLs	1.6	1.7	2.8	0.1	0.3	0.5

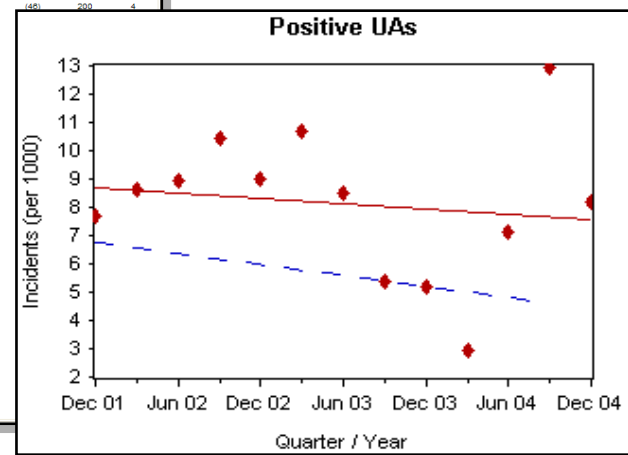
Shot Group



Unit Ranking

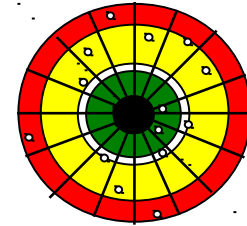
Number of Red Band Bullets ²			Total Red and Amber Band Bullet Percentages ³		
Reporting Unit ID ¹	Score	Rank	Reporting Unit ID ¹	Score	Rank
W8C02M	(120)	4	W8C02M	(120)	459
W1L4A1	(169)	3	W1L4A1	(169)	373
W1L4Z9	(46)	2	W1L4A4	(82)	276
W1L4A4	(82)	2	W1L4Z9	(46)	200
W1D0Z6	(109)	1	W1L4E1		
W1D0ZC	(729)	1	W1D0ZC		
T1L4E1	(426)	1	T1L4B1		
T1L4Z9	(10)	0	W1L402		
T1L4Z9	(508)	0	W1D0Z6		
T1L4Z9	(170)	0	T1L4E1		
W8U0C9	(410)	0	W1L4Z9		
W8U0Z4	(287)	0	T1L4Z9		
W1D0L8	(127)	0	W1L4A4		
W1D0A6	(119)	0	W8C0A6		
S1D0Z6	(189)	0	T1L402		
W1D0Z8	(262)	0	W1D0Z8		
S1D0Z8	(265)	0	T1L4A1		
W1L4E2	(210)	0	S1D0L8		
T1L4E2	(428)	0	S1D0Z6		
T1L4A1	(280)	0	T1L4Z9		
W1L4B1	(328)	0	W1L4E1		
W1L4E1	(297)	0	T1L4Z9		
T1L4B1	(324)	0	S1D0Z8		
W1L4Z9	(117)	0	W8U0C9		
W1L4Z9	(71)	0	W1L4Z9		
W1D0A6	(400)	0	W8U0Z4		
W1D0Z9	(83)	0	W3A996		
S1D0L8	(232)	0	W1D0L8		
W8C0A6	(142)	0	W1D0A6		

Trend Line



The Complete *Risk Picture*

**Incidents Reported
by Installations**

A form titled "UNIT RISK INVENTORY" with a table for recording risk data.

**Unit Risk
Inventory**

A form titled "Reintegration URI" with a table for recording risk data.

**Reintegration
URI**

**Self-
Reported
High-Risk
Behavior
(Survey
Info)**



Unit Risk Inventories

Self Report Survey Information

Introduction to the URI

- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems
- URI results provide a picture of a unit's self reported high-risk behaviors

UNIT RISK INVENTORY
Version 2.0
United States Army Center for Substance Abuse Programs

PURPOSE: To measure a unit's risk in terms of alcohol, other drugs, and other factors. Do not give your name on this answer sheet. Only the unit as a whole will be identified. No information collected can be linked to you.

INSTRUCTIONS: Please answer the following questions honestly. Using the pencil provided, completely fill in the oval that most accurately represents your response to each question. This form will be read by a machine, so it is important that you not mark outside of the oval which represents your answer. Do not make any marks on the answer sheet. When writing, write thoroughly.

NOTE: There will be no negative consequences for refusing to complete this questionnaire. But please consider that if you do not fill out this questionnaire, it will not be possible to obtain an accurate picture of your unit.

Write your Unit Designation in the space below:
[]

Write your Unit ID Code (IC) in the space below, then fill in the corresponding oval:
[]

PART ONE: The following questions ask you about your use of alcoholic beverages within the past 12 months. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol?
Never Monthly or less 2 to 4 times a month 4 or more times a week

If you marked "Never", continue with Question #11. Otherwise, continue with Question #2.

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
1 or 2 3 or 4 5 or 6 7 or 9 10 or more

3. How often do you have six or more drinks on one occasion?
Never Less than monthly Monthly Daily or almost daily

4. How often during the last year have you found that you were so drunk that you had trouble doing what you normally do (for example, going to work, school, or driving)?
Never Less than monthly Monthly Daily or almost daily

5. How often during the last year have you failed to do what was normally expected of you because of drinking?
Never Less than monthly Monthly Daily or almost daily

6. How often during the last year have you noticed a close friend or the meaning to get yourself going after a heavy drinking session?
Never Less than monthly Monthly Daily or almost daily

7. How often during the last year have you had a feeling of guilt or remorse after drinking?
Never Less than monthly Monthly Daily or almost daily

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
Never Less than monthly Monthly Daily or almost daily

9. Have you or someone else been injured as a result of your drinking?
No Yes, but not in the last year Yes, during the last year

10. Have a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?
No Yes, but not in the last year Yes, during the last year

PART TWO: Please answer the following questions as they relate to you.

11. Within the past 12 months, have you refused to do what was normally expected of you because of alcohol?
Yes No

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?
Yes No

13. Do you ever feel bad or nervous while driving while intoxicated as a serious offense?
Yes No

14. Within the past 12 months, have you been detained or arrested by police or other law enforcement with possession of alcohol or other drugs?
Yes No

15. Within the past 12 months, have you committed an illegal or unsafe drinking?
Yes No

16. Within the past 12 months, have you used illegal drugs?
Yes No

17. Do you work well with others in your unit?
Yes No

PLEASE CONTINUE ON THE NEXT PAGE

Unit Risk Inventory (URI)

- 53 item questionnaire
- Assesses unit propensity for risk in the following areas:

- Alcohol/Drug use
- Command Factors
- Stress Levels
- Self Perceptions
- Relationships
- Safe sex practices
- Child/spouse abuse
- Violence/Crimes
- Suicide
- Financial Problems



Unit Risk Inventory (URI)

- Army Approved Command Climate Survey
- Designed for use at the Company level
- Screens for high-risk behaviors and attitudes that Compromise unit readiness
- Only takes 30 minutes to complete Survey
- No cost to Installation or Units



Sample URI Questions

Question 1

How often do you have a drink containing alcohol?

PART ONE: The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol? Never 2 to 4 times a month 4 or more times a week
Monthly or less 2 to 3 times a week

If you marked "Never", continue with Question #11. Others

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what is normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

PART TWO: Please answer the following questions as they relate to you.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

PAGE 2

Question 12

Within the past 12 months, have you driven under the influence of alcohol or other drugs?

Question 20

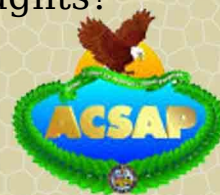
Within the past 12 months, have you physically threatened anyone at your work site?

Question 31

Within the past 12 months, have you been in financial trouble?

Question 33

Within the past 12 months, have you had any suicidal thoughts?



URI Summary of Results Report



ARMY CENTER FOR SUBSTANCE ABUSE PROGRAMS

Sample Report

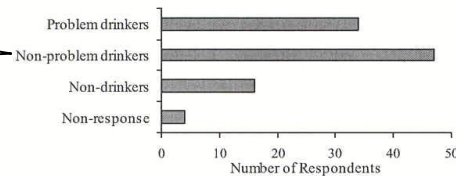
Data are illustrative only.

Unit Risk Inventory Summary of Results

WABCODE, A Company 7/564th
Fort Swampy, FL

101 Persons Surveyed
Administered 12 Mar 2002

Part I: Alcohol Use Disorders Identification Test (AUDIT) Results



Audit results for unit

Percent problem drinkers in unit, installation, RRP

Problem Drinkers		
34%	WABCODE	
38%	Fort Swampy	
31%	Army Risk Reduction Program	

Part II: Unit's Risk Profile Related to Alcohol, Drugs, and Other Factors

Survey questions refer to respondents' behavior within the past 12 months.

> indicates the unit had a greater percentage of unfavorable responses compared to either its installation or the Army RRP.

Unit risk profile with data for unit, installation, RRP

Unit	Inst.	RRP	
Alcohol and Other Drug Use			
20%	21%	21%	Have ridden with a driver who was DUI.
15%	16%	18%	Have driven under the influence of alcohol/drugs.
> 17%	16%	16%	Say their leaders do not treat driving while intoxicated as a serious offense.
1%	6%	5%	Have been detained or arrested in conjunction with alcohol/drug use.
> 10%	13%	9%	Have committed an illegal act while drinking.
0%	4%	4%	Have used illegal drugs.
Unit Cohesion			
> 29%	27%	32%	Do not work well with others in their unit.
12%	13%	12%	Find it hard to make friends in their unit.
> 55%	56%	44%	Do not trust their chain of command enough to talk with them about a personal problem.
7%	15%	17%	Have physically threatened someone at work.
> 26%	24%	23%	Have been discriminated against by someone in their unit.
> 8%	8%	6%	Have been sexually harassed in their unit.
6%	6%	7%	Have been absent from work without permission.
1%	1%	2%	Have gone AWOL.
Self-Perception / Relationships			
22%	32%	49%	Often feel angry and frustrated.
19%	21%	21%	Often feel lonely.
> 36%	36%	32%	Hardly ever or never have people to turn to for support in bad moments or illness.
> 30%	28%	28%	Have had an important relationship end.
> 46%	44%	50%	Have experienced two or more life changes or difficult circumstances.
> 63%	61%	60%	Are only somewhat satisfied or not satisfied with their life.
Financial Problems			
26%	30%	34%	Have been in financial trouble.
> 20%	17%	17%	Have had to use relief or loans to pay for basic living expenses.

Unit	Inst.	RRP	
Suicide			
> 11%	12%	10%	Have had suicidal thoughts.
> 21%	21%	15%	Of those having suicidal thoughts, made a plan.
2%	3%	6%	Have attempted suicide.
Other Crimes			
1%	3%	4%	
2%	4%	6%	
0%	4%	4%	
Sexual Practices			
> 64%	60%	39%	
3%	3%	4%	
> 24%	22%	36%	
Physical / Sexual			
> 25%	24%	25%	
5%	6%	10%	
6%	7%	6%	
6%	8%	8%	Have pushed, shoved, slapped, grabbed, or hit their spouse or a girlfriend/boyfriend.
5%	5%	11%	Have insulted or sworn at a child.
> 31%	27%	30%	Have spanked a child and left a mark.
5%	6%	6%	Have pushed, shoved, hit with their hand, or kicked a child.
> 12%	13%	8%	Have hit a child with a belt or other object.
Army Environment			
54%	55%	55%	Have spent 31 or more days away from home due to military requirements.
57%	58%	57%	Do not have enough time to relax due to job demands.
> 38%	32%	40%	Are only somewhat satisfied or not satisfied with Army life.
> 23%	23%	20%	Do not plan to reenlist/stay in the Army.

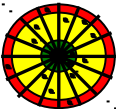
Enlargement

Unit	Inst.	RRP	
Suicide			
> 11%	12%	10%	Have had suicidal thoughts.
> 21%	21%	15%	Of those having suicidal thoughts, made a plan.
2%	3%	6%	Have attempted suicide.



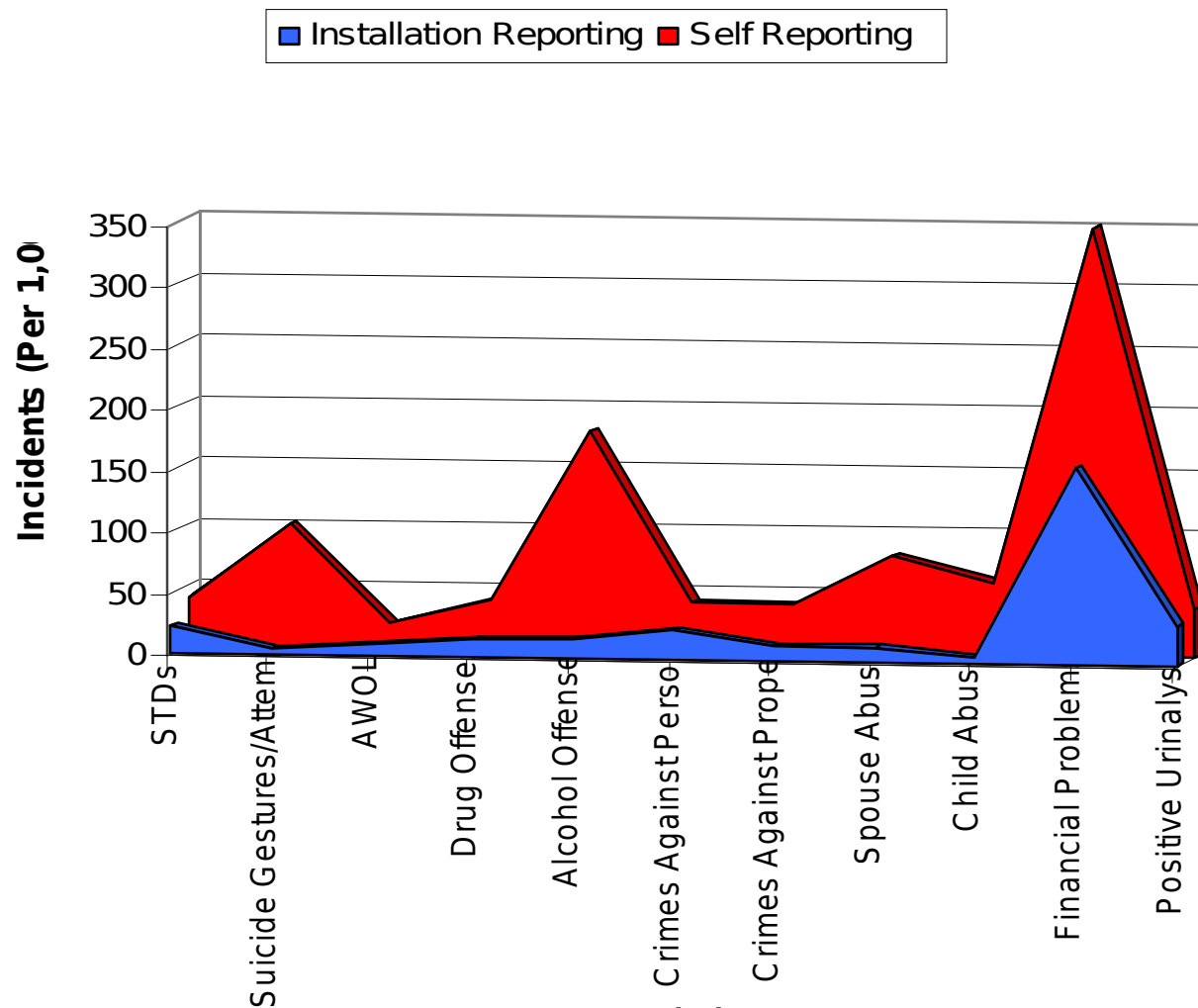
RRP & URI Rates Comparison

HIGH RISK BEHAVIOR RATES

Report Risk Factor Rates	 Installation Rates	 Self
STDs	22	40
Suicide Gestures/Attempts 100/10	4	
AWOL	10	20
Drug Offenses	14	40
Alcohol Offenses	16	180
Crimes Against Persons	24	40

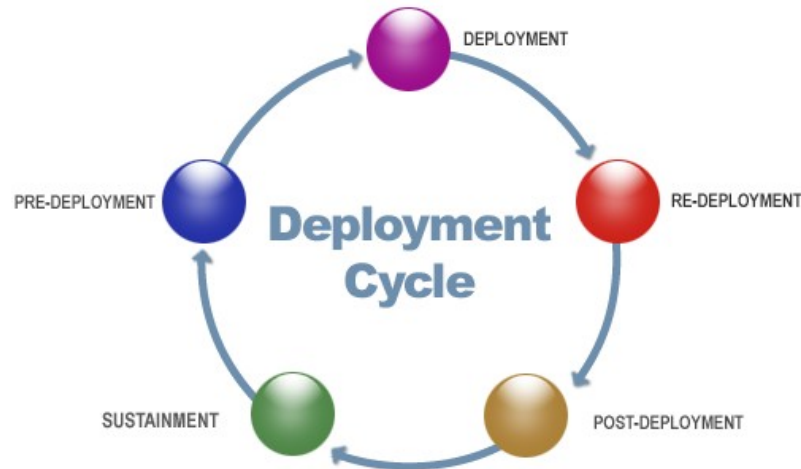
* All Rates are "Per/1000"		
Crimes Against Property	12	40
Spouse Abuse	10	60
	12	80

URI & R-URI Rates Comparison



Reintegration Unit Risk Inventory

R-URI



Effects of Deployment
on
Soldier Risk Behavior

Reintegration Unit Risk Inventory



As part of the Deployment Cycle Support Plan ACSAP developed The Reintegration Unit Risk Inventory (R-URI). The R-URI is a 79-item anonymous questionnaire designed to screen for high-risk behaviors and attitudes affecting unit readiness and personnel well being that may have occurred during deployment or since redeployment.

Sample R-URI Questions

Question 1

How often do you have a drink containing alcohol?

PART ONE: The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol?
- Never 2 to 4 times a month 4 or more times a week
Monthly or less 2 to 3 times a week

If you marked "Never", continue with Question #11. Others

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
3. How often do you have six or more drinks on one occasion?
4. How often during the last year have you found that you were not able to stop drinking once you had started?
5. How often during the last year have you failed to do what is normally expected from you because of drinking?
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
9. Have you or someone else been injured as a result of your drinking?
10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

PART TWO: Please answer the following questions as they relate to you.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?
12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?
13. Do your unit leaders treat driving while intoxicated as a serious offense?
14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?
15. Within the past 12 months, have you committed an illegal act while drinking?
16. Within the past 12 months, have you used illegal drugs?
17. Do you work well with others in your unit?

PAGE 2

Question 20

Within the past 12 months, have you physically threatened anyone at your work site?

18. Do you find it hard to make friends in your unit? ☐ Yes ☐ No
19. Do you trust your chain of command enough to talk with them about a personal problem? ☐ Yes ☐ No
20. Within the past 12 months, have you physically threatened anyone at your work site? ☐ Yes ☐ No
21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation? ☐ Yes ☐ No
22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)? ☐ Yes ☐ No
23. Within the past 12 months, have you been absent from work without permission? ☐ Yes ☐ No
24. Within the past 12 months, have you gone AWOL? ☐ Yes ☐ No
25. Do you often feel angry and frustrated? ☐ Yes ☐ No
26. Do you often feel lonely? ☐ Yes ☐ No

Question 31

Within the past 12 months, have you been in financial trouble?

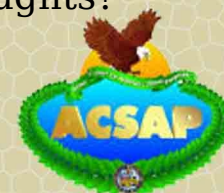
27. How often are there people available that you can turn to for support in bad moments or illness? ☐ Always ☐ Sometimes ☐ Hardly ever ☐ Never
28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended? ☐ Yes ☐ No
29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)? ☐ None ☐ One ☐ Two ☐ Three or more
30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)? ☐ Mostly satisfied ☐ Not satisfied
31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)? ☐ Yes ☐ No
32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)? ☐ Yes ☐ No
33. Within the past 12 months, have you had any suicidal thoughts? ☐ Yes ☐ No
34. If yes, did you make a plan? ☐ Yes ☐ No

Question 33

Within the past 12 months, have you had any suicidal thoughts?

PLEASE CONTINUE ON THE NEXT PAGE

PAGE 3 OF 4



R-URI Summary of Results Report



Reintegration Unit Risk Inventory Summary of Results

Page 1 of 2

Deployment information

ROLL-UP, DATE 7-12-05

12221 Persons Surveyed

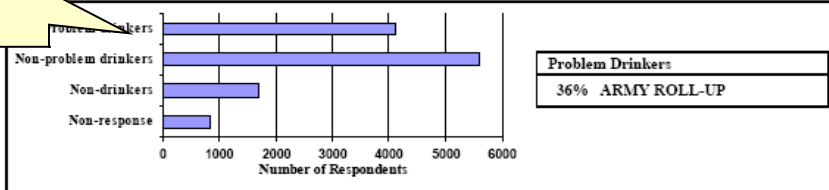
Administered 01 Jan 05

Printed 12 Jul 05

1. While deployed, served with current unit:
 - 87% Yes
 - 13% No
2. Most recent deployment:
 - 9% Enduring Freedom
 - 0% Noble Eagle
 - 88% Iraqi Freedom
 - 3% Other
3. Length of deployment:
 - 13% 6 months or less
 - 71% 7 - 12 months
 - 16% 13 - 24 months
 - 0% More than 2 years
4. Time since returning to home station:
 - 34% 3 months or less
 - 41% 4 - 6 months
 - 22% 7 - 12 months
 - 3% More than 1 year
5. This question only applies to Army Reserve and Army National Guard soldiers.

Modified Audit results for unit

Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



C./D. Overview:

Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

"*" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

While Deployed

Unit

3%
15%
37%
9%
7%
3%
--
--
37%

Since Returning

Unit

9%
15%
29%
11%
6%
5%
7%
51%
36%

Survey Category

Alcohol and Other Drug Abuse
Unit Cohesion
Self-Perception / Relationships
Financial Problems
Suicide
Other Crimes
Verbal / Physical Abuse
Army Environment
Combat / Deployment

E. Follow-up:

78. Have sought help for these issues since returning.

5% Post-traumatic stress disorder
9% Marriage/relationship issues
4% Alcohol/drug problems
5% Financial management
6% Anger management
5% Mental health issues
6% Depression
1% Parenting
1% Suicide

79. Requested information or briefing on these topics.

13% Post-traumatic stress disorder
15% Marriage/relationship issues
10% Alcohol/drug problems
16% Financial management
16% Anger management
10% Mental health issues
14% Depression
9% Parenting
7% Suicide

Page 2 of 2

Administered 15 Feb 02 - 08 Oct 04

Page 2 breaks out summarized information

Unit type.

Question Number

[1]	[42]
[11]	[43]
[12]	[44]
[13]	[45]
[14]	[46]
[15]	[47]
[16]	[48]
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R-URI Report

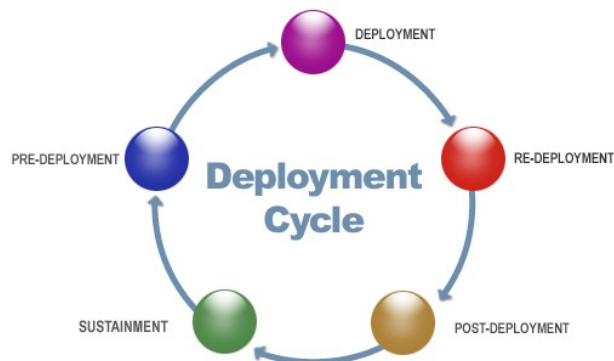
The report displays data captured from two stages of deployment.

■ During deployment

Asks soldiers information relating to behavior in theater.

■ Post-deployment

Asks soldiers information relating to behavior at home station during reintegration.



Reintegration Unit Risk Inventory Summary of Results

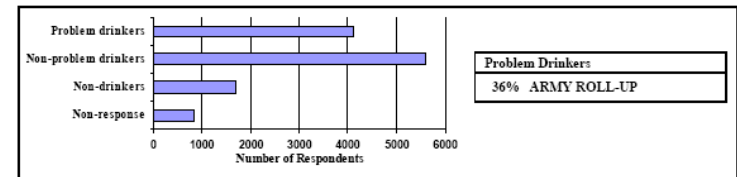
Page 1 of 2

ARMY ROLL-UP, DATE 7-12-05
ARMY,

12221 Persons Surveyed
Administered 01 Jan 05
Printed 12 Jul 05

- A. 1. While deployed, served with current unit:
87% Yes
13% No
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9% Enduring Freedom
0% Noble Eagle
88% Iraqi Freedom
3% Other
3. Length of deployment:
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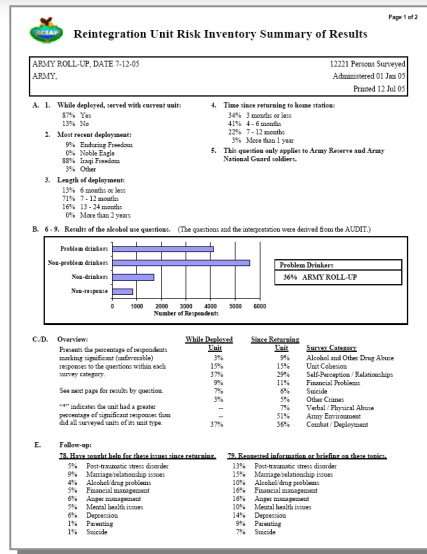
B. 6 - 9. Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



C/D. Overview:	While Deployed	Since Returning	Survey Category
Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.	Unit 3%	Unit 9%	Alcohol and Other Drug Abuse
	15%	15%	Unit Cohesion
	37%	29%	Self-Perception / Relationships
	9%	11%	Financial Problems
See next page for results by question.	7%	6%	Suicide
	3%	5%	Other Crimes
"**" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.	--	7%	Verbal / Physical Abuse
	--	51%	Army Environment
	37%	36%	Combat / Deployment

E. Follow-up:	78. Have sought help for these issues since returning.	79. Requested information or briefing on these topics.
	5% Post-traumatic stress disorder	13% Post-traumatic stress disorder
	9% Marriage/relationship issues	15% Marriage/relationship issues
	4% Alcohol/drug problems	10% Alcohol/drug problems
	5% Financial management	16% Financial management
	6% Anger management	16% Anger management
	5% Mental health issues	10% Mental health issues
	6% Depression	14% Depression
	1% Parenting	9% Parenting
	1% Suicide	7% Suicide

URI & R-URI Data Comparisons



Used illegal drugs

3%

5%

3%

3%

Attempted suicide

1%

1%

1%

1%

Drove under the influence of Alcohol

4%

19%

14%

13%

Had a relationship deteriorate

36%

28%

22%

21%

60%

49%

45%

49%

65%

55%

Often felt angry and frustrated

Alcohol Abuse / Problem Drinking

Problem Drinkers:	R-URI (ongoing) <u>35%</u>	URI 2.0 (2002-2005) 30%	URI 1.0 (Pre 9/11) 28%
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Drinking Scenarios:

Problem Drinker:

- Consume 6 drinks or more in one sitting on a weekly basis.
- Consume 5 - 6 drinks, 4+ times a week.

Non-Problem Drinker:

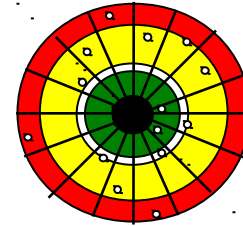
- Consume 6 drinks or more in one sitting on a monthly basis.
- Consume 1 - 4 drinks, 4+ times a week.

* Using scoring criteria from: © World Health Organization, 1992. Babor, T.F., de la Fuente, J., Grant, M., Saunders, J., Programme on Substance Abuse, AUDIT, The Alcohol Use Disorders Identification Test: Guidelines for use in Primary Health Care

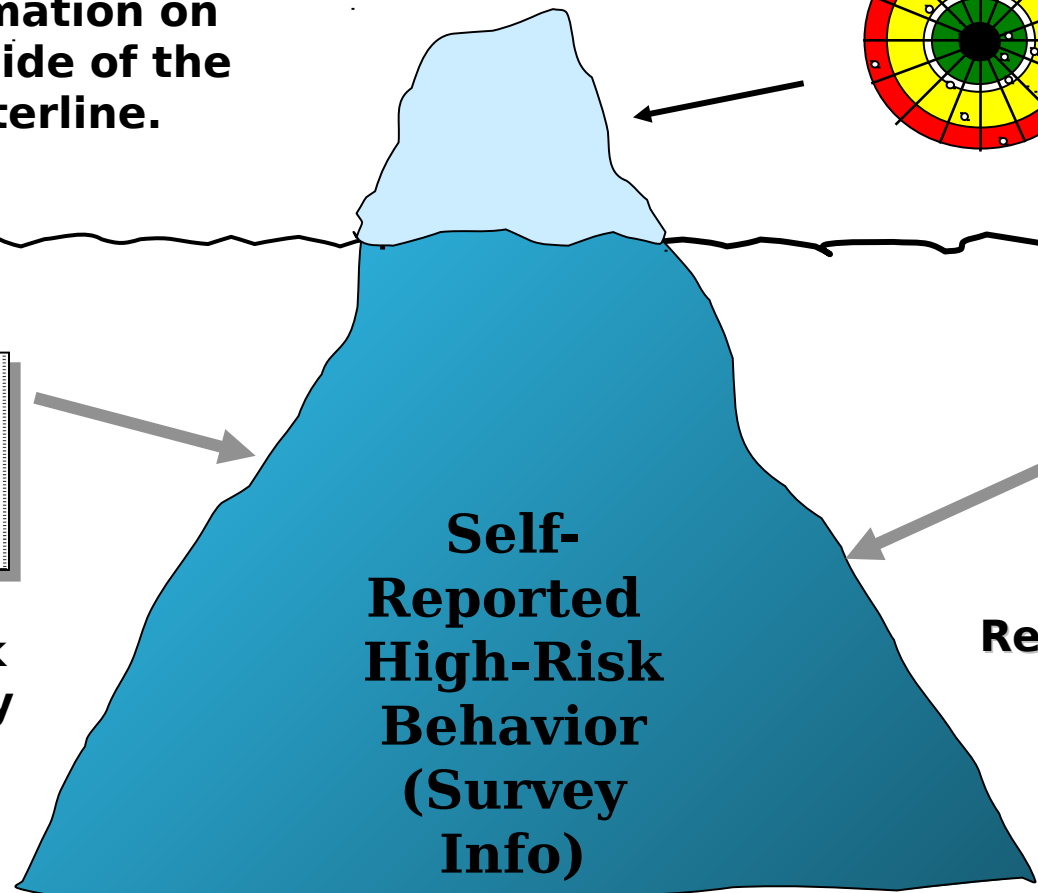
The Complete Risk Picture

Commanders need full visibility to make informed decisions!

**Valuable
information on
both side of the
waterline.**

A screenshot of a 'UNIT RISK INVENTORY' form. It contains various fields for unit information, a table for listing units and their risk levels, and a section for comments. The form is titled 'UNIT RISK INVENTORY' and has a small logo in the top left corner.

**Unit Risk
Inventory**



**Self-
Reported
High-Risk
Behavior
(Survey
Info)**

A screenshot of a 'Reintegration URI' form. It contains various fields for unit information, a table for listing units and their risk levels, and a section for comments. The form is titled 'Reintegration URI' and has a small logo in the top left corner.

**Reintegration
URI**

Questions

Don't Risk Readiness !





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